

Zumbatomic®

Starting
Friday 6th January 2012
(for 6 weeks)

Lil'Starz (4-7) 4.15-4.45pm

Members: £1.75/6 week course £9.50
Non Members: £2.25/6 week course £12.50

Big Starz Beginners (8-11) 4.45-5.30pm

Members: £2.50/6 week course £14.00
Non Members: £3.00/6 week course £17.00

Big Starz Advanced (12-15) 5.30-6.15pm

Members: £2.50/6 week course £14.00
Non Members: £3.00/6 week course £17.00

Zumbatomic classes are rockin', high-energy fitness-parties packed with specially choreographed, kid-friendly routines and all the music kids love, like hip-hop, reggaeton, cumbia and more. Parents love Zumbatomic because of the effects it has on kids, increasing their focus and self-confidence, boosting metabolism and enhancing coordination.

Zumbatomic rounds out family fitness goals by giving parents a great reason to head to the gym – for themselves, for their kids, for a totally fun family experience.

Please book your childs place by calling
01579 352003