ST. MELLION HEALTH CLUB

MAIN POOL TIMETABLE 2022

TERM-TIME

| | 06:30- 07:30 | 07:30- 09:00 | 09:00-11:00 | 11:00-13:00 | 13:00-14:15 | 14:15-19:00 | SWIM LESSONS | 19:00- 20:00 | 20:00- 21:00 |
|-----------|-----------------|-----------------|--------------|--------------|--------------|--------------|-----------------|-----------------|-----------------|
| | 07.00 | | | | | | (1 LANE) | | |
| Monday | Adult | Adult | General Swim | Aqua | School Swim | General Swim | 17:00-19:00 | Adult | Adult |
| | Only | Only | | 11.30-12.15 | | | | Only | Only |
| Tuesday | Adult | Adult | Aqua | General Swim | General Swim | General Swim | 16:00-16:30 | Adult | Adult |
| | Only | Only | 10:00-10:45 | | | | 17:30-19:00 | Only | Only |
| Wednesday | Adult | Adult | General Swim | Aqua | School Swim | General Swim | 16:00-16:30 | Adult | Adult |
| | Only | Only | | 11-11:45 | | | 17:00-19:00 | Only | Only |
| Thursday | Adult | Adult | Aqua | General Swim | General Swim | General Swim | 17:00-19:00 | Adult | Adult |
| | Only | Only | 10:00-10:45 | | | | | Only | Only |
| Friday | Adult | Adult | Aqua | General Swim | School Swim | General Swim | No Lessons | Adult | Adult |
| | Only | Only | 10:00-10:45 | | | | | Only | Only |
| Saturday | Closed | Adult | General Swim | General Swim | General Swim | General Swim | No Lessons | Adult | Closed |
| | | Only | | | | | | Only | |
| Sunday | Closed | Adult | General Swim | General Swim | General Swim | General Swim | No Lessons | Adult | Closed |
| | | Only | | | | | | Only | |

Aqua: will use half of the pool **(shallow end).** The remainder of the pool will be open for members/guests

Adult Only: 16 years and over

School Swim: Whole Main Pool closed to public for duration of session.

This timetable may be subject to change, therefore please always check in with the St. Mellion team **01579 352 003** to avoid disappointment

LEISURE POOL TIMETABLE 2022



TERM-TIME

| | 06:30- | 07:30- | 09:00-12:00 | 12:00-15:00 | 15:00-19:00 | 19:00- | 20:00- |
|-----------|--------|--------|--------------|--------------|--------------|--------|--------|
| | 07:30 | 09:00 | | | | 20:00 | 21:00 |
| Monday | Adult | Adult | General Swim | General Swim | General Swim | Adult | Adult |
| | Only | Only | | | | Only | Only |
| Tuesday | Adult | Adult | General Swim | Waterbabies | General Swim | Adult | Adult |
| | Only | Only | | 12:00-15:00 | | Only | Only |
| Wednesday | Adult | Adult | Tadpoles | General Swim | General Swim | Adult | Adult |
| | Only | Only | 09:00-10:30 | | | Only | Only |
| Thursday | Adult | Adult | General Swim | Waterbabies | General Swim | Adult | Adult |
| | Only | Only | | 12:30-15:00 | | Only | Only |
| Friday | Adult | Adult | General Swim | General Swim | General Swim | Adult | Adult |
| | Only | Only | | | | Only | Only |
| Saturday | Closed | Adult | General Swim | General Swim | General Swim | Adult | Closed |
| | | Only | | | | Only | |
| Sunday | Closed | Adult | General Swim | General Swim | General Swim | Adult | Closed |
| | | Only | | | | Only | |

Adult Only: 16 years and over

Tadpoles & Waterbabies: Half leisure pool in use for duration of session

This timetable may be subject to change, therefore please always check with the St. Mellion team **01579 352003** to avoid disappointment