

MAIN POOL TIMETABLE 2022

TERM-TIME AUTUMN TERM 2022

	06:30-07:30	07:30-09:00	09:00-11:00	11:00-13:00	13:00-14:15	14:15-19:00	SWIM LESSONS (1 LANE)	19:00-20:00	20:00-21:00
Monday	Adult Only	Adult Only	General Swim	Aqua 11:30-12:15	School Swim	General Swim	16:00-16:30 17:30-19:00	Adult Only	Adult Only
Tuesday	Adult Only	Adult Only	Aqua 10:00-10:45	General Swim	General Swim	General Swim	16:00-16:30 17:30-19:00	Adult Only	Adult Only
Wednesday	Adult Only	Adult Only	General Swim	Aqua 11:00-11:45	School Swim	General Swim	16:00-16:30 17:00-19:00	Adult Only	Adult Only
Thursday	Adult Only	Adult Only	Aqua 10:00-10:45	General Swim	General Swim	General Swim	16:00-16:30 17:00-19:00	Adult Only	Adult Only
Friday	Adult Only	Adult Only	Aqua 10:00-10:45	General Swim	School Swim	General Swim	16:00-16:30 17:00-19:00	Adult Only	Adult Only
Saturday	Closed	Adult Only	General Swim	General Swim	General Swim	General Swim	No Lessons	Adult Only	Closed
Sunday	Closed	Adult Only	General Swim	General Swim	General Swim	General Swim	No Lessons	Adult Only	Closed

Aqua: will use half of the pool (**shallow end**). The remainder of the pool will be open for members/guests

Adult Only: 16 years and over

School Swim: Whole Main Pool closed to public for duration of session.

This timetable may be subject to change, therefore please always check in with the St. Mellion team **01579 352 003** to avoid disappointment

LEISURE POOL TIMETABLE 2022

TERM-TIME AUTUMN TERM 2022

	06:30-07:30	07:30-09:00	09:00-12:00	12:00-15:00	15:00-19:00*			19:00-20:00	20:00-21:00
Monday	Adult Only	Adult Only	General Swim	General Swim	General Swim			Adult Only	Adult Only
Tuesday	Adult Only	Adult Only	General Swim	Waterbabies 12:00-15:00	General Swim			Adult Only	Adult Only
Wednesday	Adult Only	Adult Only	Tadpoles 09:00-10:30	General Swim	General Swim			Adult Only	Adult Only
Thursday	Adult Only	Adult Only	General Swim	Waterbabies 12:30-15:00	General Swim			Adult Only	Adult Only
Friday	Adult Only	Adult Only	General Swim	General Swim	General Swim			Adult Only	Adult Only
Saturday	Closed	Adult Only	General Swim	General Swim	General Swim			Adult Only	Closed
Sunday	Closed	Adult Only	General Swim	General Swim	13:00-15:00 General Swim	15:00-17:00 Wet & Wild	17:00-19:00 General Swim	Adult Only	Closed

Adult Only: 16 years and over

Tadpoles & Waterbabies: Half leisure pool in use for duration of session

Wet & Wild: Floats & a selection of fun water equipment for the children to enjoy !

*Please be aware that a section of the leisure pool may be required for swimming lessons between 14:30 & 18:30 on Mon-Fri during term time.

This timetable may be subject to change, therefore please always check with the St. Mellion team **01579 352003** to avoid disappointment