

MAIN POOL TIMETABLE – SPRING 2023

TERM-TIME

	06:30-07:30	07:30-09:00	09:00-11:00	11:00-13:00	13:00-14:15	14:15-19:00	SWIM LESSONS (1 LANE)	19:00-20:00	20:00-21:00
Monday	Adult Only	Adult Only	General Swim	Aqua 11.30-12.15	School Swim	General Swim	17:00-19:00	Adult Only	Adult Only
Tuesday	Adult Only	Adult Only	Aqua 10:00-10:45	General Swim	General Swim	General Swim	16:00-16:30 17:30-19:00	Adult Only	Adult Only
Wednesday	Adult Only	Adult Only	General Swim	Aqua 11-11:45	School Swim	General Swim	16:00-16:30 17:00-19:00	Adult Only	Adult Only
Thursday	Adult Only	Adult Only	Aqua 10:00-10:45	General Swim	General Swim	General Swim	17:00-19:00	Adult Only	Adult Only
Friday	Adult Only	Adult Only	Aqua 10:00-10:45	General Swim	General Swim	General Swim	17:00-19:00	Adult Only	Adult Only
Saturday	Closed	Adult Only	General Swim	General Swim	General Swim	General Swim	No Lessons	Adult Only	Closed
Sunday	Closed	Adult Only	General Swim	General Swim	General Swim	General Swim	No Lessons	Adult Only	Closed

Aqua: will use half of the pool (**shallow end**). The remainder of the pool will be open for members/guests

Adult Only: 16 years and over

School Swim: Whole of the main pool closed to members/guests for the duration of the session.

This timetable may be subject to change, therefore please contact the St. Mellion Team on **01579 352003** to avoid disappointment

IMPORTANT NOTICE: PLEASE NOTE THE POOL WILL BE CLEARED 15 MINUTES BEFORE CLOSING TIME

LEISURE POOL TIMETABLE - SPRING 2023

TERM-TIME

	06:30-07:30	07:30-09:00	09:00-12:00	12:00-15:00	15:00-19:00	19:00-20:00	20:00-21:00
Monday	Adult Only	Adult Only	General Swim	General Swim	General Swim	Adult Only	Adult Only
Tuesday	Adult Only	Adult Only	General Swim	Water Babies 11:00-13:30	General Swim	Adult Only	Adult Only
Wednesday	Adult Only	Adult Only	Tadpoles 09:00-10:30	General Swim	General Swim	Adult Only	Adult Only
Thursday	Adult Only	Adult Only	General Swim	General Swim	General Swim	Adult Only	Adult Only
Friday	Adult Only	Adult Only	General Swim	General Swim	General Swim	Adult Only	Adult Only
Saturday	Closed	Adult Only	General Swim	General Swim	General Swim	Adult Only	Closed
Sunday	Closed	Adult Only	General Swim	General Swim	General Swim	Adult Only	Closed

Tadpoles & Water Babies: Half the leisure pool will be in use during these sessions

Please be aware that a section of the leisure pool may be required for swimming lessons from 15:30 & 19:00 on Mon-Friday term time

This timetable may be subject to change, therefore please contact the St. Mellion Team on **01579 352003** to avoid disappointment

IMPORTANT NOTICE: PLEASE NOTE THE POOL WILL BE CLEARED 15 MINUTES BEFORE CLOSING TIME

