

MAIN POOL TIMETABLE – SPRING 2024

TERM-TIME

	06:30-07:30	07:30-09:00	09:00-11:00	11:00-13:00	13:15-14:15	14:15-19:00	19:00-19:45	19:45-20:45	
Monday	Adult Only	Adult Only	General Swim	Aqua 11.30-12.15	School Swim		Adult Only	Adult Only	
Tuesday	Adult Only	Adult Only	Aqua 10:00-10:45	General Swim	General Swim			Adult Only	Adult Only
Wednesday	Adult Only	Adult Only	General Swim	Aqua 11-11:45	General Swim			Adult Only	Adult Only
Thursday	Adult Only	Adult Only	Aqua 10:00-10:45	General Swim			Adult Only	Adult Only	
Friday	Adult Only	Adult Only	Aqua 10:00-10:45	General Swim			Adult Only	Adult Only	
Saturday	Closed	Adult Only	General Swim				Adult Only	Closed	
Sunday	Closed	Adult Only	General Swim				Adult Only	Closed	

Aqua: will use half of the pool (**shallow end**). The remainder of the pool will be open for members/guests

Adult Only: 16 years and over

Swimming Lessons: A lane may be required between 17:00-19:00 Monday-Friday ONLY

School Swimming Session: The whole of the main pool will be required

This timetable may be subject to change, therefore please always check in with the St. Mellion team **01579 352 003** to avoid disappointment

IMPORTANT NOTICE: The Health Club Changing Rooms will close Monday-Friday at 21:00 & Saturday-Sunday at 20:00

LEISURE POOL TIMETABLE – SPRING 2024

TERM-TIME

	06:30-07:30	07:30-09:00	09:00-11:00	11:00-13:00	15:00-19:00	19:00-19:45	19:45-20:45
Monday	Adult Only	Adult Only	General Swim	General Swim	General Swim	Adult Only	Adult Only
Tuesday	Adult Only	Adult Only	General Swim	Water Babies 11:00-13:00	General Swim	Adult Only	Adult Only
Wednesday	Adult Only	Adult Only	Tadpoles 09:00-10:30	General Swim	General Swim	Adult Only	Adult Only
Thursday	Adult Only	Adult Only	General Swim	Water Babies 11:00-13:00	General Swim	Adult Only	Adult Only
Friday	Adult Only	Adult Only	General Swim	Water Babies 11:00-12:00	General Swim	Adult Only	Adult Only
Saturday	Closed	Adult Only	General Swim	General Swim	General Swim	Adult Only	Closed
Sunday	Closed	Adult Only	General Swim	General Swim	General Swim	Adult Only	Closed

Adult Only: 16 years and over

Swimming Lessons: Half the leisure pool may be required between 15:30-18:00 Monday-Friday ONLY

Tadpoles : The whole of the leisure pool will be used for this session **Water Babies:** Half of the leisure pool will be required for this session

This timetable may be subject to change, therefore please always check in with the St. Mellion team **01579 352 003** to avoid disappointment

IMPORTANT NOTICE: The Health Club Changing Rooms will close Monday-Friday at 21:00 & Saturday-Sunday at 20:00