

MAIN POOL TIMETABLE – SUMMER TERM 2024

TERM-TIME

	06:30- 07:30	07:30- 09:00	09:00-11:00	11:00-13:00	13:15-19:00	19:00- 19:45	19:45- 20:45
Monday	Adult	Adult	General Swim	Aqua	General Swim	Adult	Adult
monady	Only	Only	General Swith	11.30-12.15		Only	Only
Tuesday	Adult	Adult	Aqua	General Swim	General Swim	Adult	Adult
	Only	Only	10:00-10:45			Only	Only
Wednesday	Adult	Adult	General Swim	Aqua	General Swim	Adult	Adult
	Only	Only		11-11:45		Only	Only
Thursday	Adult	Adult	Aqua		General Swim	Adult	Adult
	Only	Only	10:00-10:45			Only	Only
Friday	Adult	Adult	Aqua		General Swim	Adult	Adult
	Only	Only	10:00-10:45			Only	Only
Saturday	Closed	Adult			General Swim	Adult	Closed
		Only				Only	
Sunday	Closed				General Swim	Adult	Closed
		Only				Only	

Aqua: will use half of the pool **(shallow end).** The remainder of the pool will be open for members/guests

Adult Only: 16 years and over

Swimming Lessons: A lane may be required between 17:00-19:00 Monday-Friday ONLY

This timetable may be subject to change, therefore please always check in with the St. Mellion team **01579 352 003** to avoid disappointment

IMPORTANT NOTICE: The Health Club Changing Rooms will close Monday-Friday at 21:00 & Saturday-Sunday at 20:00



LEISURE POOL TIMETABLE – SUMMER 2024

TERM-TIME

	06:30- 07:30	07:30- 09:00	09:00-11:00	11:00-13:00	15:00-19:00	19:00- 19:45	19:45- 20:45
Monday	Adult	Adult	General Swim	General Swim	General Swim	Adult	Adult
	Only	Only				Only	Only
Tuesday	Adult	Adult	General Swim	Water Babies	General Swim	Adult	Adult
	Only	Only		11:00-13:00		Only	Only
Wednesday	Adult	Adult	Tadpoles	General Swim	General Swim	Adult	Adult
	Only	Only	09:00-10:30			Only	Only
Thursday	Adult	Adult	General Swim	Water Babies	General Swim	Adult	Adult
	Only	Only		11:00-13:00		Only	Only
Friday	Adult	Adult	General Swim	Water Babies	General Swim	Adult	Adult
	Only	Only		11:00-12:00		Only	Only
Saturday	Closed	Adult	General Swim	General Swim	General Swim	Adult	Closed
		Only				Only	
Sunday	Closed	Adult	General Swim	General Swim	General Swim	Adult	Closed
		Only				Only	

Adult Only: 16 years and over

Swimming Lessons: Half the leisure pool may be required between 15:30-18:00 Monday-Friday ONLY

Tadpoles : The whole of the leisure pool will be used for this session **Water Babies**: Half of the leisure pool will be required for this session This timetable may be subject to change, therefore please always check in with the St. Mellion team **01579 352 003** to avoid disappointment

IMPORTANT NOTICE: The Health Club Changing Rooms will close Monday-Friday at 21:00 & Saturday-Sunday at 20:00